



Concerns or questions with treatment options, medication, or plan of care

Online version at: cancer-help.me/treatment

Understanding Your Treatment

There are many types of cancer treatment. The types of treatment that you receive will depend on the type of cancer you have and the stage (the amount of cancer and where it is in the body).

Some people with cancer will have only one treatment. But most people have a combination of treatments, such as surgery with chemotherapy and/or radiation therapy. When you need treatment for cancer, you have a lot to learn and think about. It is normal to feel overwhelmed and confused. But, talking with your doctor and learning about the types of treatment you may have can help you feel more in control.

It is most important that you understand basic information of what to expect the treatment will do and how that might affect your outlook (or prognosis) as well as how it might the quality of your life so you can make informed decisions. Also your values and priorities for your care can change and evolve over time, and it is important for you to feel free to discuss this at any time with your care team.

Content adapted from websites below.

Resources for Additional Information:

- [NCCN, Guidelines for Patients, Cancer Treatment](#)
- [NCCN, Patient and Caregiver Resources, Clinical Trials](#)
- [NIH, Understanding Cancer](#)
- [NIH, Types of Cancer Treatment](#)
- [Cancer.Net, How Cancer is Treated](#)
- [American Cancer Society, Treatment Types](#)
- [American Cancer Society, 24/7 questions about cancer or need help finding resources, 800-227-2345](#)

Recursos en Español:

- [NIH, Instituto Nacional Del Cáncer, Tratamiento del cáncer](#)
- [NIH, Instituto Nacional Del Cáncer, Preguntas para el doctor acerca del tratamiento](#)
- [Chemocare, ¿Por cuánto tiempo se administra la quimioterapia?](#)